

Intermediate Schools Volleyball

Rules For Intermediates Volleyball.

Games will be played on a full size court (18m x 9m) with the net set at "Junior Girls Height. – Approx 2100mm.

The Aerials on the net limit the width of the net - a ball touching the aerial or the net outside the aerial is out. A ball passing over top or out side the aerial is also out.

Service

The Server will be allowed to serve from two metre's inside the court on the first service attempt, from one metre inside on the second and from the back of the court on the third, fourth and fifth. A player is only allowed a maximum of 5 serves in a single rotation. After the fifth serve the serving team still gets the point (if they won the rally) but the serve is given to the other team and they rotate "as if they had won the rally".

The Server's feet must be completely behind the service line when the ball is hit.

To serve: - the ball must be released into the air and hit with ONE hand. The ball is allowed to hit the net but must go over the net inside the aerials into the opponents court without assistance from any outside objects (roof etc) or other players / spectators.

Substitutions

Teams are allowed to using a rolling substitution into the service position every time they win the service back from there opponent.

Teams must have six players on the court at all times. (3 front and 3 back).

Scoring

Games will be played best of 3 sets – first team to win 2 sets wins the game. Time limit will apply – 45 minutes.

First 2 Sets will be to to 25. First team to reach 25 points with a winning margin of 2 points wins the set. If a Team reach's 25 but does not have a margin of 2 then the set continues until a winning margin of 2 points is reached OR a Team reach's 27 points. The third Set is to 15 (Must win by 2 points, NO cap)

The third set will only count if one or both teams has reached 10 points otherwise the game will be declared a draw.

In the event of one or both teams reaching 10 points in the 3rd set the winner will be the team who is ahead when the Siren sounds.

If both teams are equal on points a draw will be declared.

A **point** will be scored for every rally played. The team who wins the rally wins a point and the serve.

Handling of the Ball.

A player may "play" the ball with any part of the body providing the ball is not caught and thrown or held in any way. Some leniency with this rule is required however please discourage one handed "spikes" which are really throws. The same applies for any shot played with two hands below the waist or over the head where the shot is a definite catch and throw. This will always be a Refs decision, so please try and be consistent (even if its consistently loose on allowing it).

Net Faults

It is a fault if any player touches the net while they are attempting to play the ball.

It is also a fault if a player steps **completely** over the centre-line underneath the net or if some other part of their body touch's the floor over the centre-line. The centre-line is limited by the aerials on the net, ie outside the aerials the centre-line does not "exist".

Please encourage the use of 2 or 3 Hits to get the ball back over the net.

All Other Rules as per FIVB International Rules.

Any other Questions please ask Andrew Curtis.